Dominant Confidence

Feel at Home and In Charge Anywhere

mindpersuasion.com

Instructions

Listen with headphones and eyes closed. Visualize any situation where you are incredibly confident. See yourself as fifty feet tall, surrounded by admirers and supporters. See yourself maintaining a strong frame in several different situations. See yourself from your own eyes, and see yourself from the eyes of others.

Tips for Success

Keep a daily journal and record any objective evidence that you are becoming more confident and are more comfortable in more situations. Write down objective evidence of your behavior, and comments others make about your confidence.

Please visit our forum to share your successes, or to ask any questions:

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Affirmations

I am incredibly confident my confidence is magnetically attractive my frame is unbreakable I overwhelm others with confidence I have confident eye contact I walk with supreme confidence I talk with supreme confidence my facial expressions radiate extreme confidence all those around me are in constant awe of my presence my presence causes world leaders to tremble my presence causes women to faint my presence attracts unlimited attraction my presence hypnotizes entire rooms animals tremble at my presence my voice booms with magnetic confidence women love me

men admire me men fear me women worship me I destroy fear with simple thought I dominate every social situation I dominate every social situation I am dominant in every situation I control conversations with eye contact I control conversations with my gaze men are desperate for my approval women are desperate for my approval vicious animals grovel at my feet vicious animals whimper in fear at my presence people are always submissive to me men enjoy being submissive to me women enjoy being submissive to me men crave being submissive to me

women crave being submissive to me I control entire nations with my dominance I control the world with my confidence People are desperate for my approval people are desperate for my validation people are desperate for my support people are desperate for my attention I love being me I appreciate being me everybody wants to be me everybody wants to be around me everybody wants to talk about me I love myself I appreciate myself I am glad I am myself You are incredibly confident your confidence is magnetically attractive

your frame is unbreakable You overwhelm others with confidence You have confident eye contact You walk with supreme confidence You talk with supreme confidence your facial expressions radiate extreme confidence all those around you are in constant awe of your presence your presence causes world leaders to tremble your presence causes women to faint your presence attracts unlimited attraction your presence hypnotizes entire rooms animals tremble at your presence your voice booms with magnetic confidence women love you men admire you men fear you women worship you

You destroy fear with simple thought You dominate every social situation You dominate every social situation You are dominant in every situation You control conversations with eye contact You control conversations with your gaze men are desperate for your approval women are desperate for your approval vicious animals grovel at your feet vicious animals whimper in fear at your presence people are always submissive to you men enjoy being submissive to you women enjoy being submissive to you men crave being submissive to you women crave being submissive to you You control entire nations with your dominance You control the world with your confidence

People are desperate for your approval people are desperate for your validation people are desperate for your support people are desperate for your attention You love being you You appreciate being you everybody wants to be you everybody wants to be around you everybody wants to talk about you You love yourself You appreciate yourself You are glad You are yourself