Dominant Confidence

Feel at Home and In Charge Anywhere

mindpersuasion.com
Instructions

Listen with headphones and eyes closed. Visualize any situation where you are incredibly confident. See yourself as fifty feet tall, surrounded by admirers and supporters. See yourself maintaining a strong frame in several different situations. See yourself from your own eyes, and see yourself from the eyes of others.

Tips for Success

Keep a daily journal and record any objective evidence that you are becoming more confident and are more comfortable in more situations. Write down objective evidence of your behavior, and comments others make about your confidence.

Please visit our forum to share your successes, or to ask any questions:

mindpersuasion.net
**Affirmations**

I am incredibly confident

my confidence is magnetically attractive

my frame is unbreakable

I overwhelm others with confidence

I have confident eye contact

I walk with supreme confidence

I talk with supreme confidence

my facial expressions radiate extreme confidence

all those around me are in constant awe of my presence

my presence causes world leaders to tremble

my presence causes women to faint

my presence attracts unlimited attraction

my presence hypnotizes entire rooms

animals tremble at my presence

my voice booms with magnetic confidence

women love me
men admire me
men fear me
women worship me
I destroy fear with simple thought
I dominate every social situation
I dominate every social situation
I am dominant in every situation
I control conversations with eye contact
I control conversations with my gaze
men are desperate for my approval
women are desperate for my approval
vicious animals grovel at my feet
vicious animals whimper in fear at my presence
people are always submissive to me
men enjoy being submissive to me
women enjoy being submissive to me
men crave being submissive to me
women crave being submissive to me
I control entire nations with my dominance
I control the world with my confidence
People are desperate for my approval
people are desperate for my validation
people are desperate for my support
people are desperate for my attention
I love being me
I appreciate being me
everybody wants to be me
everybody wants to be around me
everybody wants to talk about me
I love myself
I appreciate myself
I am glad I am myself
You are incredibly confident
your confidence is magnetically attractive
your frame is unbreakable
You overwhelm others with confidence
You have confident eye contact
You walk with supreme confidence
You talk with supreme confidence
your facial expressions radiate extreme confidence
all those around you are in constant awe of your presence
your presence causes world leaders to tremble
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