

Gorgeous Skin

Radiate Beauty

mindpersuasion.com

Instructions

Listen with headphones and eyes closed. Visualize your perfect skin, whatever tone, whatever color. See yourself from your own eyes, in pictures, or from the eyes of others. Feel deep feelings of appreciation as you see your perfectly gorgeous skin.

Tips for Success

Keep a daily journal and record any objective evidence that your skin is getting more and more gorgeous, including any subconsciously directed but noticeable changes in your behavior or eating habits to support your gorgeous skin.

Please visit our forum to share your successes, or to ask any questions:

mindpersuasion.net

Affirmations

I am flawless

my skin is flawless

my skin is smooth

my skin is soft

my skin is beautiful

my skin is attractive

my skin is natural

my skin is healthy

my skin is magnetic

I have perfect skin

I have perfect health

I have beautiful skin

I have attractive skin

I have amazing skin

I have healthy skin

I have seductive skin

My skin is radiant

my skin is glowing

my skin attracts desire

my skin attracts love

I have smooth skin

My skin is glowing

I have beautiful skin

My skin is amazing

I love my skin

People compliment my skin

I am flawless from head to toe

my body is flawless

my mind is flawless

my body is beautiful

my mind is beautiful

my skin compliments my beautiful body

my skin compliments my gorgeous figure

my skin compliments my beautiful face

You are flawless

your skin is flawless

your skin is smooth

your skin is soft

your skin is beautiful

your skin is attractive

your skin is natural

your skin is healthy

your skin is magnetic

You have perfect skin

You have perfect health

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