Reading Genius

Soak Up Information Like a Sponge

mindpersuasion.com

Instructions

Listen with headphones and eyes closed. Visualize any situation where you are reading any material and not only learning the material quickly and easily, but enjoying it as you do so. Imagine social situations where people are admiring you for your reading skills. Imagine taking a test and doing extremely well.

Tips for Success

Keep a daily journal and record any objective evidence that you are enjoying reading more, and learning information more quickly. Also note any positive comments others have regarding your new skills.

Please visit our forum to share your successes, or to ask any questions:

mindpersuasion.net

Affirmations

my curious mind feeds itself with books

I love reading

I love learning

I love discovering ideas through books

I love soaking up information

I love expanding my knowledge

I love filling my brain

My brain soaks up infinite information

I love books

I crave books

I love knowledge

I crave knowledge

I have an unending thirst for books

I have an unending thirst for learning

I crave learning

I have an unending thirst for knowledge

I read books quickly and efficiently I love the transfer of information I love learning from books every time I read, I feel great I am a great reader I read with incredible focus I read with incredible energy I read with incredible enthusiasm I read with incredible energy I read with positive expectation I can easily remember the things I read I remember all details I remember all the facts that I read I remember all the information that I read I use the information I read on a daily basis I use the facts I read every day the more I read, the greater I am in everything in life reading is an easy and exciting activity reading improves my life reading improves my relationships reading improves my health reading improves my finances reading improves my spirit your curious mind feeds itself with books You love reading You love learning You love discovering ideas through books You love soaking up information You love expanding your knowledge You love filling your brain Your brain soaks up infinite information You love books You crave books You love knowledge

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You remember all the facts that You read You remember all the information that You read You use the information You read on a daily basis You use the facts You read every day the more You read, the greater You are in everything in life reading is an easy and exciting activity reading improves your life reading improves your relationships reading improves your health reading improves your finances reading improves your spirit