

Release Sexual Inhibitions

Embrace Your Love Energy

mindpersuasion.com

Instructions

Listen with headphones and eyes closed. Visualize any situation where you are completely expressing yourself sexually with complete openness and confidence.

Tips for Success

Keep a daily journal and record any objective evidence that you are becoming more sexually open. Write down any positive comments others make about your new behavior.

Please visit our forum to share your successes, or to ask any questions:

mindpersuasion.net

Affirmations

I release sexual inhibitions

I openly express my sexual desires

I openly enjoy sexual experiences

I orgasm without shame

I orgasm without embarrassment

I easily orgasm over and over and over

I openly enjoy sex

I unabashedly enjoy sex

I release all negative thoughts while having sex

I release all negative thoughts while enjoying orgasms

I enjoy my body while having sex

I enjoy my lover while having sex

I openly enjoy sex

I release all shyness when having sex

I appreciate the moment fully during sex

I appreciate the moment fully while having orgasms

I naturally have repeated orgasms

I relax completely when having sex

I relax my mind while having sex

I enjoy being seductive

I enjoy receiving pleasure

I enjoy giving pleasure

I enjoy all aspects of sex

I release all sexual limitations

I release all sexual inhibitions

I release all negative emotions

I open up and express my sexual energy

I open up and enjoy my sexual energy

I open up and enjoy my lovers sexual energy

I allow my lover to openly express sexual energy

You release sexual inhibitions

You openly express your sexual desires

You openly enjoy sexual experiences

You orgasm without shame

You orgasm without embarrassment

You easily orgasm over and over and over

You openly enjoy sex

You unabashedly enjoy sex

You release all negative thoughts while having sex

You release all negative thoughts while enjoying orgasms

You enjoy your body while having sex

You enjoy your lover while having sex

You openly enjoy sex

You release all shyness when having sex

You appreciate the moment fully during sex

You appreciate the moment fully while having orgasms

You naturally have repeated orgasms

You relax completely when having sex

You relax your mind while having sex

You enjoy being seductive

You enjoy receiving pleasure

You enjoy giving pleasure

You enjoy all aspects of sex

You release all sexual limitations

You release all sexual inhibitions

You release all negative emotions

You open up and express your sexual energy

You open up and enjoy your sexual energy

You open up and enjoy your lovers sexual energy

You allow your lover to openly express sexual energy