# **Resistance Free**

# **Let Go of All Obstacles**

mindpersuasion.com

#### **Instructions**

Listen with headphones and eyes closed. Visualize any situation where you are receiving what you desire freely and openly. Imagine doing things without fear and with full congruence.

### **Tips for Success**

Keep a daily journal and record any objective evidence that you are becoming less fearful and more open to life, and everything it has to offer. Write down any positive comments people make about your behavior and attitude.

Please visit our forum to share your successes, or to ask any questions:

mindpersuasion.net

## **Affirmations**

I receive and let go

I release resistance

I release fear of failure

I release fear of success

I release fear of public scrutiny

I release fear of social attention

I let go of fear of success

I embrace wealth

I welcome wealth

wealth is natural

wealth is easy

wealth is my birthright

wealth is my purpose

wealth is my destiny

I let go of resistance to having wealth

I deserve a healthy relationship

I am open to a relationship

I release resistance to love

I release resistance to intimacy

I release resistance to sharing myself

I open myself emotionally

I open myself completely to others

I let others see the real me

I let others see the genuine me

I let others see the authentic me

I stop resisting money

I release money resistance

I open myself to money

money is natural

money is easy

money is abundant

money is my birthright

money comes to me

I embrace money

I accept money

I welcome money

I allow more clients

I embrace new clients

I welcome new clients

I am open to new clients

I attract new clients

I deserve to have a successful business

I deserve success

I welcome success

I am open to success

success is natural

success is easy

success is my birthright

I stop pushing success away

I release resistance to make more money

You receive and let go

You release resistance

You release fear of failure

You release fear of success

You release fear of public scrutiny

You release fear of social attention

You let go of fear of success

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