

Social Intelligence

**Read Crowds and People Like
A Book**

mindpersuasion.com

Instructions

Listen with headphones and eyes closed. Visualize any situation where you can understand the deep dynamics of any social situation.

Tips for Success

Keep a daily journal and record any objective evidence that you are becoming more socially intelligent. Write down any positive comments others make.

Please visit our forum to share your successes, or to ask any questions:

mindpersuasion.net

Affirmations

I easily understand social situations

I easily understand situations

I can easily read an entire room

I easily read body language

I easily read facial expressions

I know what's going on below the surface

I can read the air with ease

I know what's going on below the surface

I understand what's not being said

I understand the unspoken energy

I easily interpret the unspoken energy

I know when to speak up

I know when to stay silent

I know when to change the subject

I know what they really mean

I know what they really want

I understand their fears

I understand their desires

I understand their anxieties

I know who wants to be approached

I know who wants to be left alone

I know exactly when to close

I know when to keep talking

I understand the deep complexities of social interaction

I understand the multiple levels of communication

I am always communicating on several levels

I understand their emotions

I understand their energy

I understand their deeper desires

I understand the energy of the room

I make people feel relaxed

I make people feel comfortable

I make people feel safe

I make people feel confident

I make people feel open

I make people feel wanted

I make people feel needed

You easily understand social situations

You easily understand situations

You can easily read an entire room

You easily read body language

You easily read facial expressions

You know what's going on below the surface

You can read the air with ease

You know what's going on below the surface

You understand what's not being said

You understand the unspoken energy

You easily interpret the unspoken energy

You know when to speak up

You know when to stay silent

You know when to change the subject

You know what they really mean

You know what they really want

You understand their fears

You understand their desires

You understand their anxieties

You know who wants to be approached

You know who wants to be left alone

You know exactly when to close

You know when to keep talking

You understand the deep complexities of social interaction

You understand the multiple levels of communication

You are always communicating on several levels

You understand their emotions

You understand their energy

You understand their deeper desires

You understand the energy of the room

You make people feel relaxed

You make people feel comfortable

You make people feel safe

You make people feel confident

You make people feel open

You make people feel wanted

You make people feel needed