Social Intelligence

Read Crowds and People Like A Book

mindpersuasion.com
Instructions

Listen with headphones and eyes closed. Visualize any situation where you can understand the deep dynamics of any social situation.

Tips for Success

Keep a daily journal and record any objective evidence that you are becoming more socially intelligent. Write down any positive comments others make.

Please visit our forum to share your successes, or to ask any questions:

mindpersuasion.net
**Affirmations**

I easily understand social situations

I easily understand situations

I can easily read an entire room

I easily read body language

I easily read facial expressions

I know what's going on below the surface

I can read the air with ease

I know what's going on below the surface

I understand what's not being said

I understand the unspoken energy

I easily interpret the unspoken energy

I know when to speak up

I know when to stay silent

I know when to change the subject

I know what they really mean

I know what they really want
I understand their fears
I understand their desires
I understand their anxieties
I know who wants to be approached
I know who wants to be left alone
I know exactly when to close
I know when to keep talking
I understand the deep complexities of social interaction
I understand the multiple levels of communication
I am always communicating on several levels
I understand their emotions
I understand their energy
I understand their deeper desires
I understand the energy of the room
I make people feel relaxed
I make people feel comfortable
I make people feel safe
I make people feel confident
I make people feel open
I make people feel wanted
I make people feel needed
You easily understand social situations
You easily understand situations
You can easily read an entire room
You easily read body language
You easily read facial expressions
You know what's going on below the surface
You can read the air with ease
You know what's going on below the surface
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