

WillPower

Turn Thoughts into Reality

mindpersuasion.com

Instructions

Listen with headphones and eyes closed. Visualize any situation where you are holding fast to any plan to do something or refrain from doing something. Visualize your intention as an unbreakable force of nature.

Tips for Success

Keep a daily journal and record any objective evidence that your willpower is becoming stronger and stronger. Keep a record of all your intentions that you've held. Write down any comments others make about your willpower.

Please visit our forum to share your successes, or to ask any questions:

mindpersuasion.net

Affirmations

I strengthen my will everyday

Day by day, my will gets stronger and stronger

I love taking on new challenges

I love taking on new adventures

I love pushing my limits

I love surpassing myself

I love the journey

I love the process

I engage fully in the process

My will propels me to mythical greatness

My will alters universal forces

My will has more power than the Sun

My will is absolute

I will my dreams into reality

I will my goals into reality

I will my thoughts into reality

I will my visualizations into reality

I rewrite the future with my will alone

I rewrite the fate of world nations with my will alone

I will my vision of a perfect world into existence

I will magic into existence

every day I get stronger and stronger

every day my will power gets more and more powerful

every day I get better and better

every day I become more determined

every day I become more powerful

my mind is a dream creating machine

my mind is an intention generating machine

my mind is a reality bending machine

I bend reality at will

I create reality at will

You strengthen your will everyday

Day by day, your will gets stronger and stronger

You love taking on new challenges

You love taking on new adventures

You love pushing your limits

You love surpassing yourself

You love the journey

You love the process

You engage fully in the process

Your will propels you to mythical greatness

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