Breath Power

Breathe in Prosperity

mindpersuasion.com
Instructions

Listen with headphones and eyes closed. Visualize any situation where you are inhaling pure energy of creation and breathing out stress and disease.

Tips for Success

Keep a daily journal and record any objective evidence that you are becoming healthier, more prosperous and more energetic. Write down any positive comments made by others.

Please visit our forum to share your successes, or to ask any questions:

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Affirmations

I breathe the power of the universe
my breath is automatic

I breathe deeply and powerfully

I breathe in energy from God

I take in eternal energy with my breath
my breath is automatic and unconscious

I naturally breathe into my belly
my breath is relaxed and automatic

my breath is deep and rich

my breath is full and powerful

my breath washes stress from my body

my breath washes stress from my mind

my breath is cleansing and pure

my breath is restorative and healing

I automatically breathe deeply and slowly

I naturally breathe deeply and slowly
my breath is an engine of calm
my breath is an engine of relaxation
my breath is an engine of charisma
my breath is an engine of personal magnetism
my breath is an engine of love
my breath is an engine of power
I breathe unconsciously and regularly
I breathe with purpose and intention
my breath is an unconscious engine of power
my breath is an unconscious engine of attraction
my breath is an unconscious engine of wealth
my breath is an unconscious engine of strength
my breath is an unconscious engine of energy
my breath is an unconscious engine of health
my breath is an unconscious engine of vitality
I breathe deeply and comfortably
my breath relaxes me
my breath calms me
my breath soothes me
my breath gives me power
my breath gives me energy
You breathe the power of the universe
your breath is automatic
You breathe deeply and powerfully
You breathe in energy from God
You take in eternal energy with your breath
your breath is automatic and unconscious
You naturally breathe into your belly
your breath is relaxed and automatic
your breath is deep and rich
your breath is full and powerful
your breath washes stress from your body
your breath washes stress from your mind
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