# Clear Speech

# Speak Clearly, Confidently, and Persuasively

mindpersuasion.com

#### **Instructions**

Listen with headphones and eyes closed. Visualize any situation where you speaking clearly and confidently. See this from as many perspectives as possible.

### **Tips for Success**

Keep a daily journal and record any objective evidence that you are becoming more clear and effective whenever you speak. Write down positive comments from others.

Please visit our forum to share your successes, or to ask any questions:

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## **Affirmations**

I speak clearly

I speak slowly

I speak comfortably

I speak confidently

I speak with conscious thought

I speak thoughtfully

my words are easily understood by others

my sentences are easily understood by others

my ideas are easily understood by others

I enunciate my words

I have perfect pronunciation

my speech is clear and pleasing

my speech is soothing and natural

people like listening to me speak

people are interested in what I have to say

I am relaxed and comfortable while speaking

I am confident and positive while speaking

I speak with confidence and power

I speak with confidence and persuasion

I have perfect voice tone

I have mesmerizing voice tone

I have confident voice tone

my speaking voice is powerful and attractive

my speaking voice is natural and relaxed

I release all speech impediments

I release all forms of stuttering

I release all nervousness while speaking

I release all inner resistance while speaking

I release all nervousness while speaking

I enjoy speaking to others

I enjoy speaking to groups

I enjoy speaking to strangers

I am confident speaking to others

I am confident speaking to strangers

I am confident speaking to groups

I speak like a professional actor

I speak like a seasoned debater

I speak like a charismatic leader

I speak with magnetism and power

I enjoy speaking

I enjoy communicating

I enjoy sharing ideas

You speak clearly

You speak slowly

You speak comfortably

You speak confidently

You speak with conscious thought

You speak thoughtfully

your words are easily understood by others

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