

# **Fearless Living**

**Live On Purpose Without  
Restraint**

[mindpersuasion.com](http://mindpersuasion.com)

## **Instructions**

Listen with headphones and eyes closed. Visualize any situation where you are can openly express yourself without any fear or anxiety.

## **Tips for Success**

Keep a daily journal and record any objective evidence that you are acting more and more fearlessly. Write down any positive statements made by others.

Please visit our forum to share your successes, or to ask any questions:

[mindpersuasion.net](http://mindpersuasion.net)

# **Affirmations**

I openly speak my mind

I release all fear

I release all doubt

I speak with confidence

I speak with persuasion

I speak with elegance

I speak with magnetism

my communication is attractive

my communication is powerful

I speak boldly

I speak fearlessly

I speak powerfully

I speak persuasively

I communicate boldly

I communicate fearlessly

I communicate powerfully

I communicate persuasively

I act decisively

I leave doubt behind

I act boldly

I act congruently

I take powerful action

I take bold action

I impress people with my boldness

I influence people with my boldness

I magnetize people with my boldness

I act swiftly

I act congruently

I act effectively

I act magnetically

I act dominantly

my actions dominate crowds

my speech dominates crowds

my magnetism dominates crowds

my presence dominates crowds

people worship me

people admire me

people respect me

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You release all doubt

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