Indestructible

Overcome Anything

mindpersuasion.com
Instructions

Please Use Responsibly

Listen with headphones and eyes closed. Visualize any situation where you are completely healthy despite external conditions.

Tips for Success

Keep a daily journal and record any objective evidence that you are becoming stronger and more resilient. Write down any positive statements others make. Please use responsibly.

Please visit our forum to share your successes, or to ask any questions:

mindpersuasion.net
Affirmations

I am invincible
I am harder than steel
I am bullet proof
I am extremely flexible
I am unbreakable
I am always healthy
I have super human immunity
I am bomb proof
I am nuke proof
I can survive anything
I can live through anything
I easily survive extreme heat
I easily survive extreme cold
I can live underwater
I can live on the sun
I can live inside an active volcano
my body is unbreakable
my skin is impenetrable
my body overcomes all neuro toxins
my body overcomes all carcinogens
my body overcomes all diseases
my body overcomes all viruses
my body overcomes all illnesses
my body overcomes all poisons
I am unbeatable
I am indestructible
my mind is unbeatable
my mind is indestructible
I am infinitely powerful
my body is infinitely resilient
my body is infinitely adaptive
my body is incredibly powerful
You are invincible
You are harder than steel
You are bullet proof
You are extremely flexible
You are unbreakable
You are always healthy
You have super human immunity
You are bomb proof
You are nuke proof
You can survive anything
You can live through anything
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