

Indestructible

Overcome Anything

mindpersuasion.com

Instructions

Please Use Responsibly

Listen with headphones and eyes closed. Visualize any situation where you are completely healthy despite external conditions.

Tips for Success

Keep a daily journal and record any objective evidence that you are becoming stronger and more resilient. Write down any positive statements others make. Please use responsibly.

Please visit our forum to share your successes, or to ask any questions:

mindpersuasion.net

Affirmations

I am invincible

I am harder than steel

I am bullet proof

I am extremely flexible

I am unbreakable

I am always healthy

I have super human immunity

I am bomb proof

I am nuke proof

I can survive anything

I can live through anything

I easily survive extreme heat

I easily survive extreme cold

I can live underwater

I can live on the sun

I can live inside an active volcano

my body is unbreakable

my skin is impenetrable

my body overcomes all neuro toxins

my body overcomes all carcinogens

my body overcomes all diseases

my body overcomes all viruses

my body overcomes all illnesses

my body overcomes all poisons

I am unbeatable

I am indestructible

my mind is unbeatable

my mind is indestructible

I am infinitely powerful

my body is infinitely resilient

my body is infinitely adaptive

my body is incredibly powerful

You are invincible

You are harder than steel

You are bullet proof

You are extremely flexible

You are unbreakable

You are always healthy

You have super human immunity

You are bomb proof

You are nuke proof

You can survive anything

You can live through anything

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