

Perfect Eyes

Bright Clear and Attractive

mindpersuasion.com

Instructions

Listen with headphones and eyes closed. Visualize any situation where you have perfect eyes, whatever that means to you. See this from many different perspectives

Tips for Success

Keep a daily journal and record any objective evidence that your eyes are becoming more perfect and attractive. Write down any positive comments made by others.

Please visit our forum to share your successes, or to ask any questions:

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Affirmations

my skin is clear

my skin is smooth

my eyes are smooth

my face is fresh

I always look fresh

I always look alert

I always look healthy

my eyes are bright and alert

my eyes are bright and awake

my face is bright and awake

my eyes are bright and clear

my face is bright and clear

my eyes are clear and attractive

my eyes are clear and awake

the skin around my eyes is smooth and wrinkle free

the skin around my eyes is smooth and clear

the skin around my eyes is smooth and healthy

my face is relaxed and confident

my face is awake and relaxed

my skin is natural and attractive

my skin is natural and clear

my skin is attractive and healthy

my skin is clear and healthy

my eyes are beautiful

my eyes are gorgeous

my eyes are sexy

my eyes are attractive

people love gazing into my eyes

people easily are hypnotized by my beautiful eyes

my lashes are long and natural

my lashes are firm and thick

my eyebrows are thick and perfect

my eyelids are smooth and strong

my eyelids are natural and strong

my eyelids are natural and smooth

my eyelids are firm and attractive

my complexion is healthy

my complexion is natural

my complexion is beautiful

my complexion is attractive

my complexion is clear

your skin is clear

your skin is smooth

your eyes are smooth

your face is fresh

You always look fresh

You always look alert

You always look healthy

your eyes are bright and alert

your eyes are bright and awake

your face is bright and awake

your eyes are bright and clear

your face is bright and clear

your eyes are clear and attractive

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