

# **Perfect Hair**

**Gorgeous Thick Young**

[mindpersuasion.com](http://mindpersuasion.com)

## **Instructions**

Listen with headphones and eyes closed. Visualize any situation where you have perfect hair, according to your own definition.

## **Tips for Success**

Keep a daily journal and record any objective evidence that your hair is getting better and better. Write down any positive comments others make.

Please visit our forum to share your successes, or to ask any questions:

[mindpersuasion.net](http://mindpersuasion.net)

# **Affirmations**

My hair is natural

my hair is gorgeous

my hair is young

my hair exhibits signs of youth

my hair is young

my hair is naturally colorful

my hair grows naturally

my hair makes me look young

my hair makes me look youthful

my hair makes me attractive

my hair shows signs of youth

my hair shows signs of vitality

my hair shows signs of health

my hair shows signs of freshness

my hair reverts to its original color

my hair returns to its natural color

my hair reverts to its natural color

my hair naturally becomes more natural

my hair naturally becomes more colorful

my hair naturally makes me look younger

my hair naturally shows its original color

my hair grows younger every day

my hair grows healthier every day

I easily regain my natural hair color

I naturally regain my natural hair color

my hair easily maintains its natural color

my hair easily maintains its original color

my hair is colorful and young

my hair shows clear signs of youth

my hair shows clear signs of vitality

my hair shows clear signs of innocence

my hair is young and healthy

my hair is young and naturally colorful

my hair is young and naturally vibrant

I am young and healthy

I am young and vibrant

my body shows signs of youth and health

my body shows signs of youth and freshness

my body is young and attractive

my body is young and supple

I exhibit attractive health

I exhibit attractive youth

Your hair is natural

your hair is gorgeous

your hair is young

your hair exhibits signs of youth

your hair is young

your hair is naturally colorful

your hair grows naturally

your hair makes you look young

your hair makes you look youthful

your hair makes you attractive

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your hair reverts to its original color

your hair returns to its natural color

your hair reverts to its natural color

your hair naturally becomes more natural

your hair naturally becomes more colorful

your hair naturally makes you look younger

your hair naturally shows its original color

your hair grows younger every day

your hair grows healthier every day

You easily regain your natural hair color

You naturally regain your natural hair color

your hair easily maintains its natural color

your hair easily maintains its original color

your hair is colorful and young

your hair shows clear signs of youth

your hair shows clear signs of vitality

your hair shows clear signs of innocence

your hair is young and healthy

your hair is young and naturally colorful

your hair is young and naturally vibrant

You are young and healthy

You are young and vibrant

your body shows signs of youth and health

your body shows signs of youth and freshness

your body is young and attractive

your body is young and supple

You exhibit attractive health

You exhibit attractive youth